

Freedom Crossing Academy Menu 2019 * MAY * Breakfast -\$1.25, Elementary Lunch- \$2.80, (MS) Lunch- \$2.95, Milk .60c

In order for the meal to qualify as a "School Lunch" food item choices must have a fruit or vegetable component! Middle School (MS) has a 4th Entrée option.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Macaroni & Cheese / WG Roll BBQ Chicken Max Snax Chicken Nuggets / WG Roll (MS) Spicy Popcorn Chicken Steamed Broccoli Baby Carrots Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	30 Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken Sweet Kernel Corn Seasoned Green Beans Rosy Pear Cup Choice of Milk/ Dipping Sauces	May 1st Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Garden Green Peas Featured Fresh Mixed Salad Greens Fresh Apple Slices Choice of Milk/ Dipping Sauces	2 Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich Seasoned Potato Fries Fresh Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	3 Hot Dog on a Bun Chicken Nuggets / WG Roll Mozzarella Breadsticks w/ Marinara (MS) French Bread Pizza Baked Brown Beans Fresh Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces
6 Cheese & Chicken Quesadilla Chicken Nuggets /Garlic Toast (MS) Spicy Popcorn Chicken Sweet Potato Fries Baby Carrot Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	7 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich Baked Brown Beans Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	8 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Sweet Kernel Corn Featured Fresh Mixed Salad Greens Fresh Apple Slices Choice of Milk/ Dipping Sauces	9 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Mozzarella Breadstick w/ Marinara (MS) Popcorn Chicken Seasoned Green Beans Fresh Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	10 BBQ Chicken w/ Garlic Toast Cheeseburger Chef Salad w/ Garlic Toast (MS) French Bread Pizza Seasoned Potato Fries Fresh Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces
13 Macaroni & Cheese / WG Roll BBQ Chicken Max Snax Chicken Nuggets / WG Roll (MS) Spicy Popcorn Chicken Steamed Broccoli Baby Carrots Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	14 Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken Sweet Kernel Corn Seasoned Green Beans Rosy Pear Cup Choice of Milk/ Dipping Sauces	15 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Garden Green Peas Featured Fresh Mixed Salad Greens Fresh Apple Slices Choice of Milk/ Dipping Sauces	16 Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich Seasoned Potato Fries Fresh Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	17 Hot Dog on a Bun Chicken Nuggets / WG Roll Mozzarella Breadsticks w/ Marinara 6th grade Picnic boxed lunch to go – 1030am Baked Brown Beans Fresh Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces
20 Cheese & Chicken Quesadilla Cheese Ravioli w/ Garlic Bread (MS) Greek Fest!!!! Students Choice!! Veggie Dippers Mixed Fruit Cup Choice of Milk/ Dipping Sauces	21 Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich Baked Brown Beans Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	22 Cheese Pizza Pepperoni Pizza (MS) Big Daddy Pizza Sweet Kernel Corn Fresh Apples Choice of Milk/ Dipping Sauces	23 Smorgasbord Entrée' choices Seasoned Green Beans Mandarin Oranges Choice of Milk/ Dipping Sauces	24 Yogurt w/ Littlebear Crackers " Boxed Lunches to GO" Fresh Veggie Dippers Red Grapes Choice of Milk
 <p>Thank You U.S. Soldiers</p> <p>We remember those who fought for our freedoms.</p>	28 Last day for Teachers 	29	30	31

**** Mixed Greens **Chef Salad** may be ordered as "Vegetarian" option every day.

St Johns County Schools is an equal opportunity employer.