

Freedom Crossing Academy Menu 2019 * August/Sept Breakfast -\$1.25, Elementary Lunch- \$2.80, (MS) Lunch- \$2.95, Milk .60c In order for the meal to qualify as a “School Lunch” food item choices must have a fruit or vegetable component! Middle School (MS) has a extra Entrée option. Schoolpay.com is the recommended payment method for breakfast & lunch!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Sept-16 Macaroni & Cheese / WG Roll Chicken Nuggets / WG Roll (MS) Popcorn Chicken Steamed Broccoli Sweet Potato Fries Applesauce Cup Choice of Milk/ Dipping Sauces	17 Mini Corn Dogs Nacho Little Bites Chicken Patty on a Bun (MS) Popcorn Chicken Sweet Kernel Corn Sliced Peaches Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	18 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Baby Sweet Peas Fresh Apple Slices Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	19 Cheeseburger Cheese Ravioli / Garlic bread BBQ Max Snax (MS) Spicy Chicken Sandwich Seasoned Potato Fries Carrot Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	20 Hot Dog on a Bun Mozzarella Breadstick w/ Marinara Garden Salad Shaker w/roll (MS) French Bread Pizza Baked Brown Beans Steamed Broccoli Fresh Carrot Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces
23 Cheese & Chicken Quesadilla Chicken Nuggets /Garlic Toast Boxed Lunch-Yogurt/Crackers (MS) Popcorn Chicken Sweet Potato Fries Steamed Broccoli Applesauce Choice of Milk/ Dipping Sauces	24 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich Baked Brown Beans Fruit Cocktail Cup Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	25 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Sweet Kernel Corn Fresh Veggie Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	26 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Mozzarella Breadstick w/ Marinara (MS) Popcorn Chicken Seasoned Green Beans Fresh Salad Greens Fresh Apple Slices Choice of Milk/ Dipping Sauces	27 BBQ Chicken w/ Garlic Toast Cheeseburger Garden Salad Shaker w/ Roll (MS) French Bread Pizza Seasoned Potato Fries Fresh Salad Greens Orange Smiles Choice of Milk/ Dipping Sauces
30 Macaroni & Cheese / WG Roll Chicken Nuggets / WG Roll (MS) Popcorn Chicken Steamed Broccoli Sweet Potato Fries Applesauce Cup Choice of Milk/ Dipping Sauces	OCT-1 Mini Corn Dogs Nacho Little Bites Chicken Patty on a Bun (MS) Popcorn Chicken Sweet Kernel Corn Sliced Peaches Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	2 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Baby Sweet Peas Fresh Apple Slices Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	3 Cheeseburger Cheese Ravioli / Garlic bread BBQ Max Snax (MS) Spicy Chicken Sandwich Seasoned Potato Fries Carrot Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	4 Hot Dog on a Bun Mozzarella Breadstick w/ Marinara Garden Salad Shaker w/ Roll (MS) French Bread Pizza Baked Brown Beans Steamed Broccoli Fresh Carrot Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces
7 Cheese & Chicken Quesadilla Chicken Nuggets /Garlic Toast Boxed Lunch-Yogurt/Crackers (MS) Popcorn Chicken Sweet Potato Fries Steamed Broccoli Applesauce Choice of Milk/ Dipping Sauces	8 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich Baked Brown Beans Fruit Cocktail Cup Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	9 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Sweet Kernel Corn Fresh Veggie Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	10 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Mozzarella Breadstick w/ Marinara (MS) Popcorn Chicken Seasoned Green Beans Fresh Salad Greens Fresh Apple Slices Choice of Milk/ Dipping Sauces	11 BBQ Chicken w/ Garlic Toast Cheeseburger Garden Salad Shaker w/ Roll (MS) French Bread Pizza Seasoned Potato Fries Fresh Salad Greens Orange Smiles Choice of Milk/ Dipping Sauces
14 Teacher Planning Day/Student Holiday  Columbus Day <u>Subject to change for Hurricane make up day!</u>	15 Mini Corn Dogs Nacho Little Bites Chicken Patty on a Bun (MS) Popcorn Chicken Sweet Kernel Corn Sliced Peaches Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	16 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza Baby Sweet Peas Fresh Apple Slices Fresh Veggie Dippers Choice of Milk/ Dipping Sauces	17 Cheeseburger Cheese Ravioli / Garlic bread BBQ Max Snax (MS) Spicy Chicken Sandwich Seasoned Potato Fries Carrot Veggie Dippers Fruit Salad Choice of Milk/ Dipping Sauces	18 Hot Dog on a Bun Mozzarella Breadstick w/ Marinara Garden Salad Shaker w/ Roll (MS) French Bread Pizza Baked Brown Beans Steamed Broccoli Fresh Carrot Veggie Dippers Orange Smiles Choice of Milk/ Dipping Sauces

***** Mixed Greens **Chef Salad Shaker** may be ordered as “Vegetarian” option every day.

St Johns County Schools is an equal opportunity employer.