

**Freedom Crossing Academy Menu 2018-2019: FEB/March** Breakfast -\$1.25, Elementary Lunch- \$2.80, (MS) Lunch- \$2.95, Milk .60c

In order for the meal to qualify as a "School Lunch" food item choices must have a fruit or vegetable component! Middle School (MS) has a 4<sup>th</sup> Entrée' option.

Monday	Tuesday	Wednesday	Thursday	Friday
11 Chicken Quesadilla Max Max Cheese Sticks & Marinara Chicken Nuggets /Garlic Toast (MS) Popcorn Chicken  Seasoned Green Beans Buttery Steamed Carrots Sliced Peaches Choice of Milk/ Dipping Sauces	12 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich  Baked Brown Beans Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	13 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza  Sweet Kernel Corn Featured Fresh Mixed Salad Greens Apple Slices Choice of Milk/ Dipping Sauces	14 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Chicken Nuggets / Garlic Toast (MS) Popcorn Chicken  Sweet Potato Tots Steamed Broccoli Strawberries or Mandarin Oranges Choice of Milk/ Dipping Sauces	15  In-Service Day No School For Student
18 Presidents Day –No School  	19 Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken  Sweet Kernel Corn Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	20 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza  Garden Green Peas Featured Fresh Mixed Salad Greens Apple Slices Choice of Milk/ Dipping Sauces	21 Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich  Seasoned Potato Fries Featured Fresh Red Pepper/ Celery Dippers Strawberries or Mandarin Oranges Choice of Milk/ Dipping Sauces	22 Hot Dog on a Bun Max Cheese Sticks & Marinara Chicken Nuggets / WG Roll (MS) French Bread Pizza  Baked Brown Beans Steamed Broccoli Choice of Milk/ Dipping Sauces Frozen Juice Bar/ Fruit Cocktail
25 Chicken Quesadilla Max Max Cheese Sticks & Marinara Chicken Nuggets /Garlic Toast (MS) Popcorn Chicken  Seasoned Green Beans Buttery Steamed Carrots Sliced Peaches Choice of Milk/ Dipping Sauces	26 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich  Baked Brown Beans Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	27 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza  Sweet Kernel Corn Featured Fresh Mixed Salad Greens Apple Slices Choice of Milk/ Dipping Sauces	28 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Chicken Nuggets / Garlic Toast (MS) Popcorn Chicken  Sweet Potato Tots Steamed Broccoli Strawberries or Mandarin Oranges Choice of Milk/ Dipping Sauces	March 1 BBQ Chicken / Garlic Toast Cheeseburger Mini Corn Dogs (MS) French Bread Pizza  Seasoned Potato Fries Featured Fresh Carrot /Cucumber Dippers Frozen Juice Bar/ Fruit Cocktail Choice of Milk/ Dipping Sauces
4 Macaroni & Cheese / WG Roll BBQ Chicken Max Snax Chicken Nuggets / WG Roll (MS) Popcorn Chicken  Steamed Broccoli Featured Fresh Carrot /Cucumber Dippers Sliced Peaches Choice of Milk/ Dipping Sauces	5 Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken  Sweet Kernel Corn Buttery Steamed Carrots Rosy Pear Cup Choice of Milk/ Dipping Sauces	6 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza  Garden Green Peas Featured Fresh Mixed Salad Greens Apple Slices Choice of Milk/ Dipping Sauces	7 Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich  Seasoned Potato Fries Featured Fresh Red Pepper/ Celery Dippers Strawberries or Mandarin Oranges Choice of Milk/ Dipping Sauces	8 Hot Dog on a Bun Max Cheese Sticks & Marinara Chicken Nuggets / WG Roll (MS) French Bread Pizza Baked Brown Beans Steamed Broccoli Choice of Milk/ Dipping Sauces Frozen Juice Bar/ Fruit Cocktail
11 Chicken Quesadilla Max Max Cheese Sticks & Marinara Chicken Nuggets /Garlic Toast (MS) Popcorn Chicken  Seasoned Green Beans Buttery Steamed Carrots Sliced Peaches Choice of Milk/ Dipping Sauces	12 Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich  Baked Brown Beans Steamed Broccoli Rosy Pear Cup Choice of Milk/ Dipping Sauces	13 Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza  Sweet Kernel Corn Featured Fresh Mixed Salad Greens Apple Slices Choice of Milk/ Dipping Sauces	14 Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Chicken Nuggets / Garlic Toast (MS) Popcorn Chicken  Sweet Potato Tots Steamed Broccoli Strawberries or Mandarin Oranges Choice of Milk/ Dipping Sauces	15 Teacher Planning Day Spring Break begins for Students   See you back on March 25th

\*\*\*\*\*Other Entrée choices include a Mixed greens **Chef Salad** to start Sept 12th

St Johns County Schools is an equal opportunity employer.