

Freedom Crossing Academy Menu 2018-2019: Oct/Nov Breakfast -\$1.25, Elementary Lunch- \$2.80, (MS) Lunch- \$2.95, Milk .60c

In order for the meal to qualify as a "School Lunch" food item choices must have a fruit or vegetable component! Middle School (MS) has a 4th Entrée' option.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>15 No School- Teacher Planning day</p> 	<p>16</p> <p>Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken</p> <p>Sweet Kernel Corn Steamed Broccoli Carrot Bites /sliced Peaches Choice of Milk/ Dipping Sauces</p>	<p>17</p> <p>Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza</p> <p>Garden Green Peas Mixed Salad Greens/ Apple Slices Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>18</p> <p>Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich</p> <p>Seasoned Potato Fries Mixed Salad Greens/Oranges Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>19</p> <p>Hot Dog on a Bun Max Cheese Sticks & Marinara Chicken Nuggets / WG Roll (MS) French Bread Pizza</p> <p>Baked Brown Beans Mixed Salad Greens/Fruit Cocktail Carrot Bites, Cucumber, Celery, Red Pepper Dippers Choice of Milk/ Dipping Sauces</p>
<p>22</p> <p>Chicken Quesadilla Max Max Cheese Sticks & Marinara Chicken Nuggets /Garlic Toast (MS) Popcorn Chicken</p> <p>Seasoned Green Beans Mixed Salad Greens Carrot- Cucumbers-Celery-Red Pepper Broccoli Dippers / Applesauce Choice of Milk/ Dipping Sauces</p>	<p>23</p> <p>Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich</p> <p>Baked Brown Beans Steamed Broccoli Carrot Bites / sliced Peaches Choice of Milk/ Dipping Sauces</p>	<p>24</p> <p>Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza</p> <p>Sweet Kernel Corn Mixed Salad Greens/Apple Slices Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>25</p> <p>Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Chicken Nuggets / Garlic Toast (MS) Popcorn Chicken</p> <p>Sweet Potato fries Mixed Salad Greens/Oranges Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>26</p> <p>BBQ Chicken / Garlic Toast Cheeseburger Mini Corn Dogs (MS) French Bread Pizza</p> <p>Seasoned Potato Fries Mixed Salad Greens/Fruit Cocktail Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>
<p>29</p> <p>Macaroni & Cheese / WG Roll BBQ Chicken Max Snax Chicken Nuggets / WG Roll (MS) Popcorn Chicken</p> <p>Seasoned Green Beans Mixed Salad Greens Carrot- Cucumbers-Celery-Red Pepper Dippers / Applesauce Choice of Milk/ Dipping Sauces</p>	<p>30</p> <p>Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken</p> <p>Sweet Kernel Corn Steamed Broccoli Carrot Bites / sliced Peaches Choice of Milk/ Dipping Sauces</p>	<p>31</p> <p>Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza</p> <p>Garden Green Peas Mixed Salad Greens/ Apple Slices Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>Nov 1st Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich</p> <p>Seasoned Potato Fries Mixed Salad Greens/Oranges Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>2</p> <p>Hot Dog on a Bun Max Cheese Sticks & Marinara Chicken Nuggets / WG Roll (MS) French Bread Pizza</p> <p>Baked Brown Beans Mixed Salad Greens/Fruit Cocktail Carrot Bites, Cucumber, Celery, Red Pepper Dippers Choice of Milk/ Dipping Sauces</p>
<p>5</p> <p>Chicken Quesadilla Max Max Cheese Sticks & Marinara Chicken Nuggets /Garlic Toast (MS) Popcorn Chicken</p> <p>Seasoned Green Beans Mixed Salad Greens Carrot- Cucumbers-Celery-Red Pepper Broccoli Dippers / Applesauce Choice of Milk/ Dipping Sauces</p>	<p>6</p> <p>Cheese Calzonette / Marinara Sauce Chicken Patty on a Bun Mini Corn Dogs (MS) Spicy Chicken Sandwich</p> <p>Baked Brown Beans Steamed Broccoli Carrot Bites / sliced Peaches Choice of Milk/ Dipping Sauces</p>	<p>7</p> <p>Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza</p> <p>Sweet Kernel Corn Mixed Salad Greens/Apple Slices Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>8</p> <p>Pasta & Meatballs /Garlic Toast Hot Dog on a Bun Chicken Nuggets / Garlic Toast (MS) Popcorn Chicken</p> <p>Sweet Potato Fries Mixed Salad Greens/Oranges Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>9</p> <p>BBQ Chicken / Garlic Toast Cheeseburger Mini Corn Dogs (MS) French Bread Pizza</p> <p>Seasoned Potato Fries Mixed Salad Greens/Fruit Cocktail Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>
<p>12</p> <p>Happy Veterans Day! No School</p> 	<p>13</p> <p>Mini Corn Dogs Nacho Little Bites Cheese Ravioli / Garlic Toast (MS) Popcorn Chicken</p> <p>Sweet Kernel Corn Steamed Broccoli Carrot Bites / sliced Peaches Choice of Milk/ Dipping Sauces</p>	<p>14</p> <p>Cheese Pizza Pepperoni Pizza Chicken Nuggets w/ WG Roll (MS) Big Daddy Pizza</p> <p>Garden Green Peas Mixed Salad Greens/ Apple Slices Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>15</p> <p>Cheeseburger Chicken Patty on a Bun Chicken Nuggets w/ Garlic Toast (MS) Spicy Chicken Sandwich</p> <p>Seasoned Potato Fries Mixed Salad Greens/Oranges Carrot Bites, Cucumber, Red Pepper, Broccoli Floret, Celery Dippers Choice of Milk/ Dipping Sauces</p>	<p>16</p> <p>Hot Dog on a Bun Max Cheese Sticks & Marinara Chicken Nuggets / WG Roll (MS) French Bread Pizza</p> <p>Baked Brown Beans Mixed Salad Greens/Fruit Cocktail Carrot Bites, Cucumber, Celery, Red Pepper Dippers Choice of Milk/ Dipping Sauces</p>

*Other Entrée choices include a Mixed Greens **Chef Salad** /NOTE: **Thanksgiving Dinner for students- Monday November 19th we need volunteers to help with this awesome event call 547-4244**